

Five Pillars of Islam

Faith (<i>shahadah</i>)	Believe and say, "There is no God but Allah, and Muhammad is his prophet."
Prayer (<i>salat</i>)	Pray in Arabic five times a day, at specific times, and facing Mecca.
Alms (<i>zakat</i>)	Give to the poor and the needy.
Fasting (<i>sawm</i>)	Fast during the month of Ramadan each year, avoiding all food and beverages between sunrise and sunset.
Pilgrimage (<i>hajj</i>)	If possible, make a pilgrimage to the holy city of Mecca once during a lifetime.



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The symbol of an open hand was often used to represent the Five Pillars.